

## Corpus Christi Catholic Primary

### PE - Whole School Yearly Overview



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Y1</b>	<b>Throwing and Catching (Invasion)</b> Sports – Various invasion games	<b>Balance and Agility</b> Safety on the apparatus Sports - Gymnastics	<b>Ball Control</b> Direction, speed, passing and receiving Sports - Various	<b>Balance and Control – Striking (Net Games)</b> Aiming, balancing and striking Sports – Tennis, badminton and volleyball	<b>Running and Jumping (Athletics)</b> Technique and control Sports – Various athletics	<b>Partner Games (Strike and Field)</b> Collaborative work Sports – Tennis, rounders and cricket
<b>Y2</b>	<b>Sending and Receiving (Invasion)</b> Passing and receiving (throw and kick) Sports – Various	<b>Balance and Coordination</b> Body awareness Sports – Gymnastics	<b>Kicking and Dribbling</b> Kick, travel & dribble Sports – Hockey and football	<b>Striking for Accuracy (Net Games)</b> Striking and exploring Sports – Tennis, badminton and volleyball	<b>Movements (Athletics)</b> Distance and perception Sports – Various athletics	<b>Group Games (Strike and Field)</b> Team work Sports – Rounders and cricket
<b>Y3</b>	<b>Dribbling to Invade (Invasion)</b> Dribbling and attacking Sports – Hockey and football	<b>Jumping ‘Splashing Rivers’</b> Jumping and landing Sports – Gymnastics	<b>Passing for Possession</b> Spatial awareness and Passing Sports – Basketball and football	<b>Over the Net (Net Games)</b> Rules, serving and returning Sports – Tennis, badminton and volleyball	<b>Being an Athlete (Athletics)</b> Throwing and rotation Sports – Various athletics	<b>Striking and Exploring (Strike and Field)</b> Varying speed and direction Sports – Tennis, rounders and cricket
<b>Y4</b>	<b>Dribbling, Movement and Teamwork (Invasion)</b> Finding and using space	<b>What’s my Direction?</b> Rhythmic gym and positioning	<b>Passing and Moving</b> Basic physiology and spatial awareness Sports – Netball and basketball	<b>Returning (Net Games)</b> Service and return	<b>Record Breaking (Athletics)</b> The human body (muscles) Sports – Various athletics	<b>Fielding (Strike and Field)</b> Positioning and collaboration

	Sports – Hockey and football	Sports – Gymnastics		Sports – Tennis and volleyball		Sports – Netball, tennis, rounders and cricket
<b>Y5</b>	<b>Invasion in a Team (Ball Skills)</b> Playing competitively and tactics  Sports – Various with hockey focus	<b>Travelling and Turning 'Earthquakes'</b> Natural disasters  Sports – Gymnastics	<b>Rules and Concepts</b> Warming up and cooling down  Sports – Football and netball	<b>Accuracy and rallies (Net Games)</b> Striking and service  Sports – Tennis, badminton and volleyball	<b>Olympic Training (Athletics)</b> Triple-jump, discus & sprint - Gain & maintain fitness  Sports – Triple-jump, discus & sprint	<b>Exploring, Striking and Fielding</b> Positioning and Intercepting  Sports – Cricket, tennis and rounders
<b>Y6</b>	<b>Invasion to Score</b> Tactical defence and attack  Sports – Hockey and football	<b>'Perfecting' In Which Quadrant?</b> Body Shape and Position  Sports – Gymnastics	<b>Invasion – Competitive</b> Attacking, defending and communication  Sports - Netball and basketball	<b>Net Games for Points (Net Games)</b> Serve, return and evaluate  Sports – Tennis, badminton and volleyball	<b>Going for Gold (Athletics)</b> Measure & record performance  Sports – Race walk & long distance	<b>Striking and Fielding – Teamwork</b> Collaborative teamwork  Sports – Tennis and rounders

## Additional Sports

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1		GSSP Coaching (Yoga)		Dance		
Y2	GSSP Coaching (Kensho Karate)			Dance	Swimming	Swimming
Y3	Swimming	Swimming	PEAK Games (Cricket)		PEAK Games (Hockey)	
Y4		PEAK Games (Basketball)	Swimming Dance Festival	Swimming		
Y5	Hoops4Health Basketball	Cheerleading Festival	Dance	PEAK Games (Hockey)		
Y6	PEAK Games (Basketball)					Catch up swimming PEAK Games (Football/Rugby)